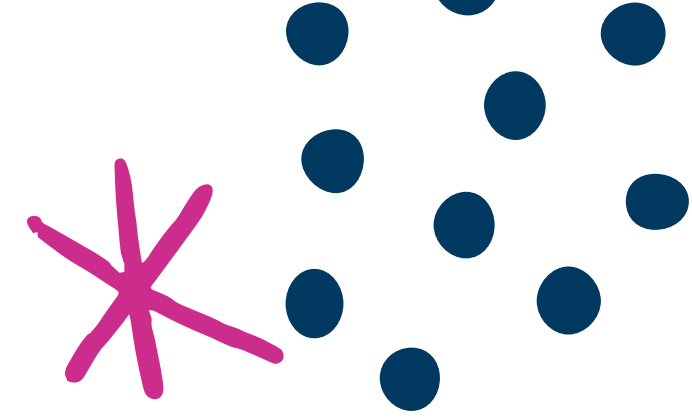





# What do you see?



## What happened before

Think about what was happening right before the challenging behavior. Jot down as much information as possible to help determine if there is a pattern.

.....



## Challenging Behavior

This is where you want to write down exactly what is happening i.e. yelling, kicking, hitting, etc

.....

## Strategy used to support

What did you do to help the child calm and organize i.e. deep breathing, talking, using a quiet voice, offering a hug, etc. and did it help. Also note if you felt it was a tantrum or meltdown

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